# elequil aromatabs®

aromatherapy designed for the clinical setting

# The Patient Experience

Patient's Stories on how Elequil® Positively Impacted their Hospital Experience

#### MRI:

The aromatabs are a life saver. I was trampled 5 years ago at a sporting event and have been unable to complete an MRI ever since due to my anxiousness and fear of tight spaces. I was sitting in the room waiting, losing my mind because I forgot my Valium® when I saw the sign about aromatabs. The tech gave me one and it made a world of difference and I was finally able to complete my first MRI in 5 years. Thanks.

~ Kisha, Greenbelt, MD

was given the lavender aromatab to help me get through an MRI at the Hospital for Special Surgery in NY. What a great idea to use aromatherapy for an MRI!

Really helped. Loved the tab so much I wore it all day! I would be so glad to have some more for use at home when just relaxing with a cup of tea - great to have a little aromatherapy at home, too! Thank you Beekley®!

~ Susan, New York

recently had my first MRI at Diagnostic Imaging. I was initially very anxious when I was entering the open MRI. The tech had to bring me out and offered the lavender tab and I was calmed instantly and was able to complete the 20 minute MRI without further incident. I am a true believer in this product!

~ C Shaw, Milford, CT

was first given a tab to use by the Radiology Dept at the Mt. Kisco Medical Group in Westchester County NY. I was scheduled for a battery of tests including MRI's and MRA's and was very anxious both because of my diagnosis and the actual testing. I was given the lavender/sandalwood tab and initially was not very optimistic regarding its impact...I was wrong!! The scent is so soothing and calming and somehow managed to calm me during the procedure. I asked the staff who were kind enough to give me an extra one that I wore the day of my surgery! It helped me enough that I did not have to take Ativan® or Valium or any other agent during the testing process. I highly recommend trying this product...I think of it as a calming agent that you don't have to drink or take in pill form! I am also a retired Physician Assistant who worked 30 yrs in Psychiatry and plan to return to work part time after my medical issues resolve. I will most likely use this product on my anxious patients and I feel very hopeful regarding its results. Congrats to the developers of this tab...you succeeded!!

~ Diana, Scarsdale, NY

### Inpatient:

am a patient at Fairview Ridges
Hospital. I was feeling queasy and
unsteady in bed. My nurse suggested
the Orange/Peppermint aromatab. I
was surprised that the hospital
supplied essential oils. She brought it
and attached it to the bed rail. Within
10 minutes I started to feel better. I
have used the Lavender/Sandalwood
every night at bedtime and the orange
in the afternoon each of the five days
I've been here. I believe they have
contributed to my healing.

~ Bob L, Burnsville, MN

## **Caregiver/Family Member:**

ast summer my husband had Lemergency surgery and had to stay in the hospital for several days. I stayed and never left his side. As anyone who has slept at a hospital knows it is a miserable and uncomfortable experience, especially considering I am prone to anxiousness. I found these little packets in the bag they leave the patient with bathroom essentials and figured I'd try them. The Lavender-Sandalwood was the scent that we had been given. It was a perfect blend and really helped me relax. I stuck it on my upper chest so I could easily inhale it and the scent easily lasted 24 hours. I'm definitely ordering more!!

~ Debbie, New York, NY

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### **IV** Insertion:

was given an Elequil® tab when I experienced anxiousness, lightheadedness, and queasiness while having an IV inserted for a hospital procedure. I don't have a history of difficulty with medical procedures, so I wasn't prepared for this kind of reaction, and I was so relieved when the nurse brought me an orangepeppermint Elequil aromatab to ease my discomfort. Within minutes, I was no longer nauseated and felt deeply relaxed. I took note of the brand and ordered some as soon as I got home. What a wonderful product.

~ L. Hooper, New York, NY

This product does an EXCELLENT job keeping my stomach and nerves calm. I have recently started an IV therapy treatment to control my Lupus. My stress surrounding the treatments diminishes my quality of life for a couple days before and after the **treatment.** Fortunately, an angel introduced me to the Elequil aromatabs. The lavender tabs are absolutely life changing. They could not be easier to administer, just peel open and stick onto your clothing. Within minutes, the sensory magic begins and I'm relaxed. The aromatabs last for hours and give me a great piece of mind while it reduces my stress and apprehension before, during, and after the IV procedure. The procedure still is not pleasant but in conjunction with the Elequil Lavender tabs, I'm 98% more comfortable than I was without using them. I'd recommend this product to anyone to try.

~ Linda, Plainville, CT

### **Breast Biopsy:**

had a breast biopsy yesterday. Three samples were taken, and it was **an intense experience.** I was the very first patient my clinic used these aromatherapy tabs on, and my team was very, very excited. I couldn't think of the words for how soothing this was, but I thought of it after. It was grounding. In a hospital setting, it's easy to feel lost in an alien place, while feeling physically violated. A familiar smell really helped me subconsciously know that I was in a temporary place, that the world outside was still there, and that hospital "This Is All There Is" trapped feeling wasn't even an issue. Overall, I am pleased with your product.

~ Emily, Bedford, NH

### **Cancer Treatments:**

y teenage daughter was diagnosed with Hodgkin's Lymphoma. Her treatment includes massive doses of steroids which had been keeping her from sleeping. A dear friend brought us the Elequil tabs and my daughter absolutely loves them. She puts them on her pillow and it helps her sleep. What a fantastic product! We highly recommend them. Thank you!!!

~ Beth, West Hartford, CT

\*lequil aromatabs is the **best product for calming. I get so nervous going for a checkup** to get my blood drawn and then having to wait a couple hours for the results to see where my numbers are for my cancer - they will either be good or bad. Elequil gets me through it.

~ Johnny W, Patient Waukegan, IL

Visit beekley.com for safety-related information







must be right



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